

Yahweh Yoga Graduate Retreat **ISRAEL 2011**

produced by
True Light Yoga
"A Trip of a Lifetime"



Courtney Chalfant and
DeAnna Smothers,
Yahweh Yoga Co-Founders



June 1-12, 2011
from **New York** for **\$4,500***

*includes tips and taxes

See Inside for Exciting Itinerary!



P.O. Box 6378 • Lakeland, FL 33807 • office: (863) 644-6261 ext. 1 • fax: (863) 647-4411
email: nts@travelwithus.com • website: www.noseworthytravel.com

Summary of Tour Daily Activities

Trip Includes:

- Hotels
- Buffet Breakfast and Dinner Daily
- Tips and Taxes
- Guides / Buses / Drivers
- Roundtrip Airfare

Not Included:

- Optional Travel Protection Program
- Miscellaneous fees such as individual transfers, passports, visas, laundry, beverages at meals, excess baggage and items of a personal nature
- Love Offering for Guides and Drivers
- Fuel surcharges which may be imposed by airlines and other suppliers.

Make Checks Payable and Send To:

Noseworthy Travel Services
P.O. Box 6378 • Lakeland, FL 33807-6378
Credit Card Registrations
(only Visa, Mastercard, & Discover Accepted)
Website: www.noseworthytravel.com
PH#: (800) 929-4684 ext. 1
FAX #: (863) 647-4411
E-Mail: nts@travelwithus.com

If you have questions regarding the trip please contact



This itinerary is subject to changes in sequence of days, local conditions, and preferences of the tour leader.

Wednesday, June 1 - Depart USA to Tel Aviv, Meals Served in Flight

Your journey begins as you depart the United States on your international flight to Israel.

Thursday, June 2 - Arrive Tel Aviv, Overnight in Caesarea, Yoga Class (D)

Arrive in Tel Aviv where you will be met by a representative and transferred to your hotel in Caesarea for overnight.

Friday, June 3 - Via Dolorosa, Church of the Holy Sepulchre, Garden of Gethsemane, Garden Tomb, Mt. of Olives, Ein Karem (B/D)

Today walk the Via Dolorosa, "the Way of the Cross," and stand in reverence at the Church of the Holy Sepulchre. Pray in the Garden of Gethsemane among Olive Trees in the Kidron Valley across from the walls of Jerusalem. Take time to reflect at the Garden Tomb, celebrating the exhilaration of the resurrection of our Lord. Stand atop the Mount of Olives as Jesus did and enjoy a remarkable view of the "Golden City" of Jerusalem. Forty days after His resurrection, Jesus ascended into heaven from the Mount of Olives (Acts 1: 9-12). Continue to Ein Karem, traditionally known as the birthplace of John the Baptist. Return to your hotel for dinner and overnight.

Saturday, June 4 - Free Day, Optional Yoga Class, Tour Caesarea Ruins (B/D)

Today enjoy free time to relax and explore. Participate in a group yoga class. This afternoon wonder at the Roman Aqueduct and Theater at Caesarea, a center of the early Christians. Here, Cornelius became the first Gentile convert to the new covenant (Acts 10) and Paul was imprisoned before taken to Rome for trial (Acts 23). Return to your hotel for dinner and overnight.

Sunday, June 5 - Sea of Galilee, Capernaum, Mt. of Beatitudes, Megiddo, Mt. Tabor (taxi to the top) (B/D)

Drive along the shores of the Sea of Galilee, passing the area of Magdala, home of Mary Magdalene. Next travel to Capernaum, and stand in the ruins of the synagogue built atop the remains of the one in which Jesus taught. See the excavations that include where Peter's house is thought to have been located. Visit the peaceful Mount of Beatitudes that overlooks the Sea of Galilee. On this hill, Jesus preached the Sermon on the Mount (Matthew 5-7). Visit Megiddo and the Valley of Armageddon (Revelation 16). Take a taxi to the top of Mt. Tabor, the site of Deborah and Barak's victory over Sisera's army and the traditional place of the Transfiguration of Jesus. Return to your hotel for dinner and overnight.

Monday, June 6 - Free Day, Optional Yoga Class, Tour Haifa, Mt. Carmel (B/D)

Enjoy free time today to relax at your hotel or explore on your own. Enjoy a group yoga class. This afternoon tour the beautiful coastal city of Haifa, home to the Carmelite Order of the Roman Catholic Church. Next visit Mount Carmel. On this mount, Elijah defeated the prophets of Baal (1 Kings 18). Return to your hotel for dinner and overnight.

**Tuesday, June 7 - Swim in the Dead Sea,
Use a Day Pass at a Spa Hotel (access to spa and pools, too) (B/D)**

This morning enjoy the opportunity to swim in the famous Dead Sea. Enjoy use of a day pass to a local spa hotel before returning to your hotel for dinner and overnight.

**Wednesday, June 8 - Group #1 - Graduate Yoga Studies, Group #2 –
Optional Tour to Acre / Rosh Hanikra (B/D)**

Drive along the Mediterranean Sea to the Crusader fortress of Acre. Designated as a World Heritage Site by UNESCO, it was here Paul stopped on his final return to Jerusalem, and later the Crusaders held the city for over 100 years. You can still see the Templar's fortifications beneath the present city. They were built over when it was discovered they were too difficult to dismantle or destroy. See the chalk cliffs of the Rosh Hanikra Grottoes. This has been a passageway for millennia for trade caravans and armies.

**Thursday, June 9 - Group #1 - Graduate Yoga Studies, Group #2 –
Optional Tour to Nazareth and the Nazareth Village (B/D)**

Visit Nazareth, Jesus' boyhood home (Matthew 2:23). Explore the Nazareth Village, a living presentation of the life, times, and teachings of Jesus of Nazareth.

**Friday, June 10 - Group #1 - Graduate Yoga Studies, Group #2 –
Optional Tour to Zichron Ya'acov, Town and Winery (B/D)**

Today, you can choose to visit the charming town of Zichron Ya'acov, where the country's first winery was established. Tour this quaint town, which boasts an assortment of small shops, featuring the works of local artists, café's and restaurants. Enjoy a tour of the Winery before returning to your hotel for dinner and overnight.

**Saturday, June 11 - Free Day to Relax, Evening Transfer to Airport for
Late Night Flight Home (B/D)**

Enjoy time to relax today before being transferred to the airport this evening for your late night flight back to the USA.

Sunday, June 12 - Depart Tel Aviv, Arrive USA, Meals Served in Flight

Return home with memories that will last a lifetime.



HEALTH DISCLAIMER FOR TRAVEL: Passengers registering for the tour accept the responsibility for being in good health and able to walk and travel on the tour. Because many of the sites in Israel are not accessible to the physically challenged, those needing wheelchairs, oxygen, or other ambulatory assistance will find the tour extremely limiting in their experiences. If you have questions, please contact Noseworthy Travel for more details.

TRAVEL REGISTRATION FORM

Make Checks Payable & Mail to: **Noseworthy Travel Services**
 P.O. Box 6378 • Lakeland, FL 33807-6378
 phone: 800-929-4684 ext 1 fax: 863-647-4411 email: nts@travelwithus.com
 Register online via credit card or check at www.noseworthytravel.com

Tour = NH11
 Code = 060111Y
 ID # = 52740

Host: Yahweh Yoga & True Light Yoga ID#: 52740

Departure Date: **06/01/11** Departure City: **NEW YORK**

Legal Name: _____
first, middle and last as it appears on your passport

Title: _____ Preferred Name: _____
Mr, Mrs, Ms, Rev, Dr if different than above

Street Address: _____

P.O. Box: _____

City, State, Zip: _____

Home Phone: Area Code (____) _____

Work Phone: Area Code (____) _____

Email Address: _____

Yes, I am interested in receiving emails about my trip and other NTS promotional items

Sex: M F Age: _____ Nationality: _____

Birth Date: ____/____/____
month day year

First Trip with NTS Traveled Previously with NTS

Emergency Contact: _____ Relationship: _____

Phone: w/Area Code _____

COMPLETE this SECTION ONLY IF a CHILD or SPOUSE is TRAVELING WITH YOU

Legal Name: _____
first, middle and last as it appears on your passport

Title: _____ Preferred Name: _____
Mr, Mrs, Ms, Rev, Dr if different than above

Sex: M F Age: _____ Nationality: _____

Birth Date: ____/____/____
month day year

First Trip with NTS Traveled Previously with NTS

Emergency Contact: _____ Relationship: _____

Phone: w/Area Code _____

Non-Smoking; Smoking

Your Roommate: _____

- Please try to match me with a Roommate
- I want a single room (availability limited) \$600 additional

Travel Protection Plan:

I/We Accept the Travel Protection Program (See coverage box)

I/We Decline the Travel Protection Program

Important Information Regarding the Travel Protection Program:

- 1) Travel Protection coverage cannot be added after you have paid in full.
- 2) Premium is based on TOTAL cost of trip and is non-refundable.
- 3) Coverage begins when your premium payment is received by NTS (made separately from deposit & clearly designated as your travel protection premium).

PAYMENT:

- via check - Payable to Noseworthy Travel Services, Inc.
- via credit card (circle): **VISA MASTERCARD DISCOVER**

Card Number: _____ Expiration Date: ____/____/____
MO YR

Name as it Appears on Card: _____

Cardholder's Signature: _____

CVN (3 digit number on back of card) _____

Full Deposit of \$300 per Person Required

PASSPORT INFORMATION REQUIRED 105 DAYS PRIOR TO DEPARTURE

FULL PAYMENT IS DUE FEBRUARY 15, 2011

Signature: _____

Signature: _____
minors require parental or guardian signature

Enrollment in and payment of deposit constitutes your acceptance of the "Fine Print". Educational Opportunities Tours, doing business as Noseworthy Travel, is the tour operator and is solely responsible for the travel program. Educational Opportunities Tours is registered with the State of Florida as a Seller of Travel. Registration No. ST24130. CST2027682-40 06/07/10

YOUR ACCOMMODATIONS will be in first class and/or deluxe hotels. If you do not have a roommate and NTS is unable to arrange one, you must pay a supplemental room charge of \$600. All single rooms are subject to availability and may be smaller than normal twin rooms.

YOUR LUGGAGE (one suitcase) will be handled for you upon arrival overseas (after you clear customs), transferred between hotels, piers, etc. Your carry-on will be your own responsibility.

PAYMENT: A full deposit of \$300 per person is required. Final payment for the trip, including travel protection premium, is due **FEBRUARY 15, 2011**. Thereafter, a late payment fee of \$100.00 will be assessed.

NOT INCLUDED IN PRICE: 1) Optional Travel Protection Program; 2) Miscellaneous fees such as individual Transfers, Passports, Laundry, Beverages at Meals, Excess Baggage and Items of a Personal Nature; 3) NOTE: Non US Citizens must obtain any VISA's required for entry. 4) Love Offering for Guide and Driver; 5) Fuel surcharges which may be imposed by airlines and other suppliers. If applicable, fuel surcharge will be paid by the passenger.

CHANGES: When a written request to change the standard program is approved by NTS, a minimum of \$80 per person, per change will be charged. Transfers for such passengers are not included in the program price and are solely the responsibility of the passenger.

CANCELLATION FEES: 100% of Cancellation Fees are covered by the optional Travel Protection Program provided premium has been paid and reason for cancellation is insurable. **Those who do not take travel protection should be aware of the following cancellation penalties:** From day of registration to 105 days prior to departure, you will be charged a \$90 non-refundable administrative fee plus any airline fees. Additionally, thereafter, you will be charged any airline penalties and a single room supplement if your cancellation forces your roommate into a single plus the following charges: 104-60 days = \$400; 59-45 days = \$600; 44-31 days = 40% of total cost; 30 days to day of departure = 100% of total cost. Cancellation request must be submitted in writing to NTS. On or after day of departure, there is no refund for any service not used.

RELEASE INFORMATION: Payment of deposit indicates permission for NTS or its agents to record the registrant's participation and appearance on video tape, audio tape, film, photograph, or any other medium and to use the registrant's name, likeness, voice, comments, submitted documentation, written papers, and/or biographical material without restrictions or limitation for any advertising, marketing, publicity, educational or promotional purpose which NTS or its agents deem appropriate, unless the registrant or guardian otherwise notifies NTS in writing prior to departure.

AIRLINE TICKETS: Once purchased, airline tickets cannot be changed or refunded. Air transportation to/from your destination will be economy class aboard IATA and ARC carriers utilizing APEX or SUPER APEX non-refundable, non-amendable tickets for groups of 10 or more flying together for the entire itinerary.

ITINERARY LENGTH: Your flight times are subject to change without advanced notice. NTS is not responsible for changes and delays in airline schedules and does not reimburse passengers for expenses resulting from delays. Because airlines often change flight times and dates at the last minute, NTS strongly recommends the purchase of domestic tickets which can be changed without heavy fees and penalties. If airline(s) change flight schedules, NTS reserves the right to lengthen or shorten the itinerary accordingly, and whenever possible, you will be notified in writing. If changes necessitate extra overnights, you will be charged (per night) \$100, single rooms \$150.

STATEMENT OF RESPONSIBILITY: Except for the willful negligence of its direct employees, the tour operator assumes no liability or responsibility for any injuries, inconveniences, illness, irregularity or incidental damages occasioned by circumstances beyond the control of tour operator, or by any person or reason whatsoever, including but not limited to events such as strikes, revolts, wars, natural disasters, closures of airports or hotels, default or omission of any common or private carrier or the default, negligence, or omission of and by any third party providing services or facilities related to or included in this tour or any part thereof, or in arranging for the same, or the acts or omissions of the Tour Host(ess). **Enrollment in and payment for the tour, constitutes your acceptance of the Program Conditions and Statement of Responsibility.** The program conditions become a binding contract when your enrollment and payment are received and accepted by Educational Opportunities Tours, Inc., doing business as Noseworthy Travel Services in Lakeland, Florida. Venue for any disputes is Polk County Florida. This contract shall be governed by the laws of the state of Florida. Educational Opportunities Tours is registered with the State of Florida as a Seller of Travel. Registration No. ST-14211. CST2027682-40 02/04

Travel Protection Plan

Conveniently Available With All Our Tour Packages

Premium Rates For All Tours

Trip Cost	Plan Cost	Trip Cost	Plan Cost	Trip Cost	Plan Cost
\$1001 to \$1500\$ 99	\$3501 to \$4000\$249	\$6001 to \$7000\$399
\$1501 to \$2500\$169	\$4001 to \$5000\$299	\$7001 to \$8000\$449
\$2501 to \$3500\$219	\$5001 to \$6000\$349		

Schedule of Coverages	Maximum Benefit
Part A*	
Trip CancellationTrip Cost
Part B	
Accidental Death & Dismemberment\$25,000
Medical Expense / Emergency Assistance\$25,000
Trip InterruptionTrip Cost
Travel Delay (Up to \$100 Per Day)\$500
Missed Connection\$500
Baggage and Personal Effects\$1,000
Baggage Delay\$100

THIS IS A BRIEF DESCRIPTION OF THE PLAN, FOR FURTHER INFORMATION ASK FOR THE TRAVEL PROTECTION CERTIFICATE WHICH FULLY DETAILS THE COVERAGES, PROVISIONS, LIMITATIONS AND EXCLUSIONS OF THE PLAN OFFERED AND IS AVAILABLE TO YOU, UPON REQUEST, AT ANY TIME.

Part A - Travel Arrangement Benefits are provided by Educational Opportunities Tours.

Part B - Travel Protection Benefits are provided by United States Fire Insurance Company.

* For New York Residents Only: Part A Benefits are travel arrangement benefits underwritten by United States Insurance Company.

Conditions and Limitations

This is a brief description of the plan available for all Travel Protection sales for Trips departing November 1, 2009 and after. Certain exclusions and limitations apply and are detailed in the Certificate of Coverage. For example, coverage does not apply to: any Sickness or condition of you, a Traveling Companion or a Family Member traveling with you that existed during the 60 days prior to the effective date of the coverages (this exclusion is waived if payment for this plan is received at or before the initial deposit/payment for your Trip), suicide, normal pregnancy, war or any act of war. Other Covered Reasons, as defined, includes the following events or their consequences: Cancellation or Interruption of your Trip due to: Inclement Weather, unannounced Strike, mechanical breakdown that causes complete cessation of services of Your Common Carrier for at least 12 consecutive hours; a documented traffic accident while enroute to departure; being hijacked or quarantined; jury duty; destruction of your home or destination by fire, flood, burglary or natural disaster; being called to the emergency service of government to provide aid or relief in the event of a natural disaster; a documented theft of passports or visas; a transfer of employment of 250 miles or more; or Revocation of military leave. For further information ask for the Certificate of Coverage which fully details the coverages, provisions, limitations and exclusions of the plan offered and is available to you, upon request, at any time prior to your purchase of the plan.

This plan is underwritten by: United States Fire Insurance Company, Eatontown, NJ. Benefits are administered by: Trip Mate, Inc., 9225 Ward Parkway, Suite 200, Kansas City, MO, 64114, 1-800-888-7292 (*in CA, dba Trip Mate Insurance Agency).